

Some people prefer to spend their lives doing the same things and avoiding change. Others, however, think that change is always a good thing.

Discuss both these views and give your opinion.

That changing the way of life is a good choice or not has always been an extremely arguable discussion among people ~~always~~. Some believe changing methods can blemish their lives so they prefer to have a stable life instead of an awkward one. Others, however, claim confirming risk can help people to change their lives to a better one. Although both views can be acceptable from many groups of people, I prefer to join in the point of view experiencing a challenging life.

On one hand, avoiding change and spending life in ~~a~~ the same way, people prefer to have a steady life. It is clear that if people live in a repetitive way, they will face ~~with~~ less unexpected events. Therefore, they will ~~damage~~ ~~suffer~~ ~~less~~ ~~fewer~~ but it is really important to ask whether this is a wise and the best choice or just a simple one.

On the other hand, I prefer to follow the point of view of accepting challenges of life because I believe that with by experiencing and facing challenges and difficulties, humankind ~~becoming~~ ~~become~~ wiser and more reliable. Moreover, when people accidentally fall into some tricky situation, they learn how to behave and make a brilliant decision, handling that situation. For example, in a hard and surprising inflation or natural disaster, such as ~~volcano~~ volcanic eruption or earthquake, which on most occasions people are not aware of them, people experiencing different change will play an intense role by adapting themselves to it and helping others. Furthermore, in my opinion, steady life is ~~so~~ extremely boring and unbearable.

Consequently, not only ~~do~~ is people's ~~change~~ ~~changing~~ their lifestyle is good and helps them to be more practiced, but those ~~one~~ living in ~~a~~ the same way and avoiding change will have some problems in their lives constantly, hence my positive point of view ~~to~~ of changes.